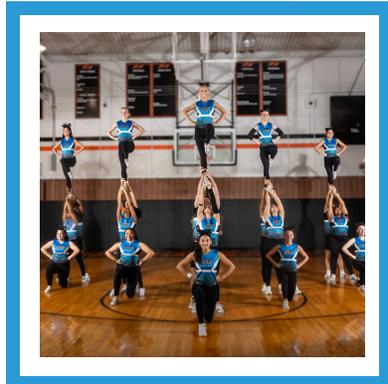




NORTH AMERICAN

▶▶ SPIRIT ◀◀



Spirit offers camps for all levels! As part of the North American Spirit Association, we specialize in personalized schedules and camp experiences designed to elevate each team's unique strengths and goals.

Our Services

- ✓ Residential Camps
- ✓ Commuter Camps
- ✓ Private Camps
- ✓ Choreography
- ✓ Competitions
- ✓ Workshops

CONTACT US

 www.northamericanspirit.com

 northamericanspirit@gmail.com

 586-281-3372



WHO IS SPIRIT?

**Dedicated Staff, Exclusive Material,
and Customizable Camps.**

Founded in 2004, Spirit redefined cheerleading training in Michigan through fully customized private clinics. What started as a different approach quickly became the standard. Today, Spirit serves programs across the Midwest using proven systems and revolutionary methods that help athletes achieve skills they once thought impossible. We are committed to growth, innovation, and setting the standard, every season!



WHY CHOOSE SPIRIT?

**When you choose Spirit,
the support doesn't end when summer does.**

You'll receive access to FREE unlimited video review and consultation throughout the 2026-2027 sideline/competitive season (\$60/hr Value!). Be the first to know about upcoming events and opportunities for continuing coaches education and fall/winter training offerings!

2026

RESIDENTIAL CAMPS

FRANKENMUTH

Power-Summit Camp

July 12-14

LENGTH

3-DAY

HIGHLIGHTS

- Waterpark Passes
- Spirit Night
- Theme Parade

COVENANT HILLS

Retreat Camp

July 18-19

LENGTH

2-DAY

HIGHLIGHTS

- Team Building
- Waterfront Activities
- Campfire
- Hayrides

KALAHARI

Elite Training Camp

July 26-28

LENGTH

3-DAY

HIGHLIGHTS

- Advanced Teams
- Guest Instructors
- Waterpark Passes
- Spirit Night & Theme Parade

FRANKENMUTH

Flex-Camp

August 4-5

LENGTH

2-DAY

HIGHLIGHTS

- Waterpark Passes
- Commuter Option
- Value Pricing

ECHO GROVE

Lakefront-Camp

August 8-10

LENGTH

3-DAY

HIGHLIGHTS

- Team Building & Zipline
- Waterfront Activities
- Campfire & Pool
- Spirit Night & Theme Parade

All Residential Camps include:

Stunt Safety & Foundations

Pyramids

Jump Training

NEW Gameday and Halftime Material

Training & Progressions for Specialty Stunts Such as OLEs and 360s

NEW Stunts & Transitions

RESIDENTIAL CAMP EXCLUSIVE YEAR-LONG BENEFITS

- CHOOSE from dozens of classes to make every camp customized
- INDOOR, matted practice spaces & private coaches assigned to each team
- NEW! Rebate \$250 back to program PLUS \$250 Spirit Dollars for early registration
- BACK FOR 2026! FREE exclusive invitation to Fall Coaches Forum
- FREE Coaches admission to Spirit Events/Competitions throughout the 2026-2027 season
- EXCLUSIVE Coaches gifts at camps and other events throughout the 2026-2027 season
- FIRST CHOICE for available Private Coaching dates/times with owner, Mary Frances Milke
- FIRST CHOICE of 2027 Summer Camps
- GRADUATING SENIORS eligible to apply for our exclusive Spirit Senior Leader Scholarship

COMMUTER CAMPS

ONE DAY CAMPS

Locations: East MI
West MI, Southwest MI & U.P.
Dates: Vary by location
Cost: \$125/Athlete
Up to 3 Coaches attend free!
Notes: Customized for all
levels

PRO STUNT

Location: Downriver, MI
Date: August 15
Cost: \$145/Athlete
Up to 3 Coaches attend free!
Notes: Elite teams or stunt
groups only!

MIDDLE SCHOOL

Location: Southeast MI
Date: August 22
Cost: \$125/Athlete
Up to 3 Coaches attend free!
Notes: MS/JH/Youth Teams
only!

PRIVATE CAMPS

WHAT

Private Staff
Stunt Group to
Demonstrate
and Instruct

WHERE

Your
School
or Gym

WHEN

Email
Office for
Availability

COST

Starting at
\$80/Athlete

NOTES

Fully
Customized
Curriculum

& MORE!

COACHES
WORKSHOP

TEAM
DEVELOPMENT DAY

CHOREOGRAPHY

Spots are limited at all camps and events to ensure successful
staff to camper ratio. Don't wait. Register today!